

Michigan
COMMUNITY INTEGRATED PARAMEDICINE
Treatment Protocol
GASTROINTESTINAL COMPLAINTS

Initial Date: December 14, 2020

Revised Date:

Section 11-77

This protocol is for trained CIP Paramedics only. If during assessment, procedure, or treatment the patient is found to have a medical emergency in need of hospital treatment, the CIP visit will be suspended, and local MCA protocols utilized.

Purpose: To provide guidelines for CIP paramedics to assess a patient with gastrointestinal complaints, provide initial treatment and differentiate between the patients who will require ED evaluation vs, alternatives such as treatment on scene or at alternative destinations.

Aliases: Constipation, upset stomach, nausea, vomiting, diarrhea.

- I. Follow **CIP Patient General Assessment and Care protocol**
- II. Obtaining additional history and vital signs including the following:
 - a. Time of onset, duration of complaint
 - b. History of previous similar complaints and treatment required
 - c. Presence of systemic symptoms: fever, chills, diaphoresis, weakness, dizziness, changes in mental status, breathing difficulty, chest pain, etc.).
 - d. Presence of blood in stool or emesis
 - e. Presence of pain
 - f. Orthostatic vitals
- III. Diagnostics to consider
 - a. Urine pregnancy if available
 - b. Electrolytes if available
 - c. Blood Glucose
- IV. Patients with any of the following, consider transport to ED **see Medical Direction protocol:**
 - a. Systemic symptoms
 - b. Vital sign changes or instability
 - c. Presence of blood in stool or emesis
 - d. Presence of abdominal pain or tenderness
 - e. Altered level of consciousness
 - f. Abnormal lab values
- V. On-scene medication administration may include:
 - a. Use of approved MCA protocols and medications up to the extent of standard paramedic.
 - b. Fluid
 - i. ☒ IV fluid bolus maximum up to 2 liters for signs of dehydration
 1. Caution with CHF and renal patients, consult physician prior to administration
 - c. Nausea/Vomiting
 - i. i. Ondansetron (Zofran) 4mg IV/IM
 1. Repeat one time if nausea and vomiting still present after 45 minutes
 - d. OR

Michigan
COMMUNITY INTEGRATED PARAMEDICINE
Treatment Protocol
GASTROINTESTINAL COMPLAINTS

Initial Date: December 14, 2020

Revised Date:

Section 11-77

-
- i. ☒ Ondansetron (Zofran) 4mg PO (ODT)
 - 1. Repeat one time if nausea and vomiting still present after 45 minutes
 - e. Pain
 - i. ☒ Compazine 10 mg IM or slow IV push
 - 1. Lower dose for patients using other sedative medications
 - 2. Lower dose for elderly patients
 - 3.
 - a. Monitor for dystonic reaction or akathisia
 - b. Administer diphenhydramine 50 mg IV/IMIf symptoms are not resolved within 20 minutes consider transport.
 - ii. ☒ Acetaminophen 325 mg PO (Max dose 650 mg)
 - iii. ☒ Ibuprofen 200 mg PO (Max dose 600 mg)
 - VI. Counsel/Educate
 - a. PO recommendations
 - b. When to contact a health care provider