

Michigan
COMMUNITY INTEGRATED PARAMEDICINE
Treatment Protocol
DIAGNOSED SLEEP APNEA CARE

Initial Date: November 19, 2020

Revised Date:

Section 11-61

This protocol is for trained CIP Paramedics only. If during assessment, procedure, or treatment the patient is found to have a medical emergency in need of hospital treatment, the CIP visit will be suspended, and local MCA protocols utilized.

Purpose: To provide additional guidelines beyond the CIP General Assessment and Care for evaluating, caring for and educating patients with diagnosed sleep apnea.

Aliases: Obstructive Sleep Apnea

- I. Follow **CIP Patient General Assessment and Care protocol**
- II. Obtain additional vital signs, history, and diagnostics pertinent to condition and/or as ordered by physician which may include:
 - a. Vitals/physical assessments/social assessments
 - i. SpO2
 - ii. Weight/BMI
 - iii. Proper fit of mask
 - iv. Quality of life score utilizing test used prior to diagnosis
 - b. History:
 - i. Sleep habits
 - ii. Use of sleep aids (OTC, prescription)
 - iii. Alcohol and drug use both recreational and self-medicating
 - c. Diagnostics:
 - i. Capnography
- III. On-scene medication administration may include:
 - a. Use of approved MCA protocols and medications up to the extent of standard paramedic treatment according to protocol.
- IV. On-scene interventions may include:
 - a. Adjustment of CPAP setting per referring physician's orders
- V. On-scene education and suggested support sources may include:
 - a. Equipment maintenance and use