

**Michigan**  
**COMMUNITY INTEGRATED PARAMEDICINE**  
**Treatment Protocol**  
**CHRONIC HYPERTENSION CARE**

Initial Date: November 19, 2020

Revised Date:

Section 11-55

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*This protocol is for trained CIP Paramedics only. If during assessment, procedure, or treatment the patient is found to have a medical emergency in need of hospital treatment, the CIP visit will be suspended, and local MCA protocols utilized.*

**Purpose:** To provide additional guidelines beyond the CIP General Assessment and Care for evaluating, caring for and educating patients with chronic hypertension.

- I. Follow **CIP Patient General Assessment and Care protocol**
- II. Obtain additional vital signs, history, and diagnostics pertinent to condition and/or as ordered by physician which may include:
  - a. Vitals:
    - i. Manual and automated blood pressure
  - b. History:
    - i. Diet
- III. On-scene medication administration may include:
  - a. Use of approved MCA protocols and medications up to the extent of standard paramedic treatment according to protocol.
  - b. Assist with patient's prescribed home medications that are not included in standard EMS treatment protocols
  - c. Use of patient's prescribed medications beyond the parameters of the prescription must have direct consultation with the referring physician prior to administration
- IV. On-scene education and suggested support sources may include:
  - a. Salt and fluid intake discussion/counseling