Initial Date: 07/19/2023
Revised Date:

Prednisone

Pharmacological Category: Corticosteroid, Systemic

Routes: PO

Indications:
1. Allergic Reaction
2. Inflammatory respiratory issues

Contraindications:
1. Hypersensitivity to steroids
2. Known systemic fungal infections
3. Children ≤ 6 years of age
4. Inability to take PO medication

Expected effects:
1. Decreased inflammation

Side effects:
1. Retention of fluids

Notes:
1. Do not cut prednisone tablets

Dosing: ANAPHYLAXIS ALLERGIC REACTION
Indication: If patient is symptomatic of an allergic reaction but not in a severe allergic reaction or anaphylaxis OR after epinephrine administration.
Adults administer:
1. Prednisone tablet 50 mg PO

Pediatrics > 6 years of age administer:
1. Prednisone tablet 50 mg PO

Dosing: ADRENAL CRISIS
Indication: Patients with a known history of adrenal insufficiency, experiencing signs of crisis.
Adults administer:
1. Prednisone tablet 50 mg PO

Pediatrics > 6 years of age administer:
1. Prednisone tablet 50 mg PO

MEDICATION SECTION
PREDNISONE

Initial Date: 07/19/2023
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Dosing: ADULT RESPIRATORY DISTRESS

Indication: Respiratory distress patients with wheezing or diminished breath sounds due to asthma or COPD
Adults administer:

1. Prednisone tablet 50 mg PO

Dosing: PEDIATRIC RESPIRATORY DISTRESS, FAILURE, OR ARREST

Indication: Pediatric respiratory distress patients with suspected bronchospasm (wheezing)
Pediatrics > 6 years of age administer:

1. Prednisone tablet 50 mg PO

Used in the Following Protocols
Anaphylaxis/Allergic Reaction (Section 1 General Treatment)
Adrenal Crisis (Section 1 General Treatment)
Respiratory Distress (Section 3 Adult Treatment)
Pediatric Respiratory Distress, Failure or Arrest (Section 4 Obstetrics and Pediatrics)