This protocol is for trained CIP Paramedics only. If during assessment, procedure, or treatment the patient is found to have a medical emergency in need of hospital treatment, the CIP visit will be suspended, and local MCA protocols utilized.

Purpose: To provide additional guidelines beyond the CIP General Assessment and Care for evaluating, caring for and educating patients with diagnosed sleep apnea.

Aliases: Obstructive Sleep Apnea

1. Follow CIP Patient General Assessment and Care protocol
2. Obtain additional vital signs, history, and diagnostics pertinent to condition and/or as ordered by physician which may include:
   1. Vitals/physical assessments/social assessments
      1. SpO2
      2. Weight/BMI
      3. Proper fit of mask
      4. Quality of life score utilizing test used prior to diagnosis
   2. History:
      1. Sleep habits
      2. Use of sleep aids (OTC, prescription)
      3. Alcohol and drug use both recreational and self-medicating
   3. Diagnostics:
      1. Capnography
3. On-scene medication administration may include:
   1. Use of approved MCA protocols and medications up to the extent of standard paramedic treatment according to protocol.
4. On-scene interventions may include:
   1. Adjustment of CPAP setting per referring physician’s orders
5. On-scene education and suggested support sources may include:
   1. Equipment maintenance and use