This protocol is for trained CIP Paramedics only. If during assessment, procedure, or treatment the patient is found to have a medical emergency in need of hospital treatment, the CIP visit will be suspended, and local MCA protocols utilized.

Purpose: Provide guidelines for CIP paramedics to place and/or remove anterior nasal packing as approved by the MCA.

Aliases: Rhino rockets, nasal tampons

1. Anterior Nasal Packing Placement (optional)
   1. Indications
      1. Nasal packing for nosebleeds that have not been controlled by lesser measures see CIP Non-Traumatic Nosebleed protocol
   2. Contraindications
      1. Nosebleeds caused by trauma
   3. Equipment
      1. MCA approved manufactured nasal packing that includes manufacturer recommendations for placement and usage
   4. Procedure
      1. Obtain medical direction prior to procedure
      2. Follow manufacturer’s directions for placement
      3. Remain with patient for 30 minutes to assure bleeding has stopped
         1. If bleeding has not stopped activate 9-1-1 for transport to an emergency department
      4. Arrange for follow-up with PCP within 24-48 hours.
         1. If follow-up with PCP cannot be made withing 24-48 hours schedule CIP follow-up within 24 for nasal packing removal.
   5. Documentation see CIP Documentation protocol
2. Anterior Nasal Packing Removal (optional)
   1. Indications
      1. Nasal packing has been in place for 24-48 hours
   2. Contraindications
      1. Active bleeding
   3. Equipment
      1. Syringe
   4. Procedure
      1. Obtain medical direction prior to procedure
      2. Evaluate for presence of balloon
      3. Deflate balloon completely with appropriate size syringe
      4. Gently pull the strings attached to the packing until packing is completely removed
      5. Observe patient for 5 minutes to ensure bleeding does not reoccur.
         1. If bleeding reoccurs see CIP Non-Traumatic Nosebleed protocol
   5. Documentation see CIP Documentation protocol