

## ***Diphenhydramine (Benadryl ®)***

### **Protocols:**

1. Anaphylaxis/Allergic reaction
2. Poisoning/overdose

### **Indications:**

1. Anaphylaxis
2. Mild or moderate allergic reaction
3. Urticaria

### **Contraindications:**

1. Lower respiratory distress
2. Hypersensitivity to diphenhydramine

### **Dosing:**

1. Adult: 50 mg IM or IV
2. Pediatric: 1-1.5 mg/kg IM or IV

### **Expected Effects:**

1. Antihistamine, decreased urticarial, itching
2. Drowsiness